Comer Emergency Department (ED) Clinical Guidelines: 
Psychiatric Evaluations

GENERAL GUIDELINE FOR ASSESSMENT:
- A patient presenting to the PED for acute or chronic psychiatric / behavioral concerns must be evaluated by the PED physicians.
- Document a thorough H&P
  - suicidal or homicidal ideation, plan, or acts
  - violent behavior, depressive symptoms, somatic complaints, visual or auditory hallucinations, running away, self-mutilation, sexually acting out, fire setting
- Initiate any medical work-up or intervention necessary
  - Urine tox, urine THC (marijuana), pregnancy test, CBC and BMP (screening labs for admissions). Consider alcohol, acetaminophen, salicylate levels if warranted.
- Decide if the patient needs an emergent psychiatric evaluation – even if you are not sure if they need inpatient admission, an emergent psychiatric evaluation helps determine disposition.
- If the child requires inpatient services and IS NOT medically cleared, admit the patient to UCCH for medical management and inpatient consultation by child psychiatry.
- If the child is medically cleared and needs emergent psychiatric evaluation, check the insurance:
  - If the patient has IL Medicaid, is a ward of the state (i.e. in foster care), or is uninsured, call SASS for an emergent evaluation (see below)
  - If the patient has private insurance, they do NOT meet criteria for Screening, Assessment, and Support Services (SASS) evaluation.
    - Call UCH Child/Adolescent Psychiatry for an ER consult to assist in determining need for inpatient admission vs. outpatient referral
    - Call SW for assistance with placement/disposition (Pager 8887)
    - If after-hours and SW not on-site, the attending and the charge nurse will determine which ED member will make the placement calls to secure inpatient placement (see below). The psychiatry resident does not assist with this process after-hours once their consult is completed.

IMPORTANT PHONE NUMBERS
SASS Hotline number: 800-345-9049
Child Psychiatry On-Call Pager Pager 4698
PED Social Worker Pager 8887

PATIENTS WITH ILLINOIS MEDICAID, WARDS OF THE STATE, OR NO INSURANCE - SASS ASSESSMENT:
- SASS stands for SCREENING, ASSESSMENT AND SUPPORT SERVICES. SASS provides a screening assessment and referral for children with psychiatric needs that have IL Medicaid, no insurance, or are wards of the state (i.e. children in foster care or DCFS custody)
  - Call the SASS/Cares Hotline (800-345-9049).
  - The following information is required: Patient’s name, age, DOB, address, phone number, guardianship status, and medical card ID number.
  - A SASS worker will be dispatched to the UCCH PED. They have two hours to respond and arrive in the ER.
  - If the SASS worker agrees with the need for an inpatient admission, he/she arranges for a psychiatric inpatient bed and contacts the admitting hospital with a summary of the patient’s psychiatric concerns.
  - If the SASS worker feels inpatient is not warranted, they will assist the family in making arrangements for outpatient therapy.
  - Once the outside hospital has accepted the patient, complete a transfer sheet.

PRIVATE INSURANCE:
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- If social work is on-site, they assist with finding placement. If they are not on-site, the attending and charge nurse will determine who will work on placement.
- Determine if the child needs pre-certification for admission to an inpatient facility:
  - Ask the facility you are considering
  - Call the 24-hour authorization number for that insurance company to determine which facilities are within that insurance’s network
- Contact the appropriate facilities to obtain an inpatient bed
  - Have the psychiatry consult available as intake will need diagnosis and axis
  - Once a bed is obtained, call the insurance company for pre-certification. Be prepared to give clinical information from psychiatry consult.
  - Approval from the patient’s PMD may be required
- Once the outside hospital has accepted the patient, complete a transfer sheet. Nursing gives report to the accepting institution and arranges for an ambulance.
- For assistance with finding placement if having difficulty, contact this service:
  - 24 hour Psychiatric Triage Service: Kim Nguyen
  - (773) 392-9760 or (877) 827-1551

OUTPATIENT SERVICES:
- Patients with IL Medicaid, no insurance, or wards of the state:
  - If assistance is needed to determine inpatient vs. outpatient therapy, contact the SASS hotline (800-345-9049) for an evaluation.
  - If outpatient psychiatric services are determined to be sufficient and SASS is not involved, please submit a subspecialty referral to the patient advocate.
- Patients with private insurance:
  - If outpatient psychiatric services are determined to be sufficient, please submit a subspecialty referral to the patient advocate.
  - You may remind families that mental health services often must be within the insurance network so families should be encouraged to call their insurance company for further information.

DISCLAIMER:
This clinical guideline has been developed for the purpose of unifying the general emergency care of patients with psychiatric disorders. It is intended to aid, rather than substitute for, professional judgment. It is not intended to serve as a rigid protocol or a written proxy for the standard of care. Failure to comply with this guideline does not represent a breach of the standard of care.

INPATIENT REFERRAL HOSPITALS

Inpatient admissions may not be required for all patients. There are programs called IOP and PHP that a patient may be more suited for rather than inpatient admission.

***I.O.P = Intensive Outpatient Programs are therapeutic after school programs. The program is usually 2-3 hours/day, 4 to 5 days a week in the evening

***P.H.P = Partial Hospitalization Programs are for children who require more structure than usually found in traditional outpatient services, but do not meet the criteria for inpatient psychiatric admission. Typically the program is during the day, 4 to 5 days a week for about 7 hrs.
When these programs are recommended the parents/guardians are to be told to bring the patient to that hospital for an assessment. If SASS is involved they are to bring the SASS assessment. If the recommendation is coming from UCCH psychiatry this recommendation should be included in the discharge paper work for the parent/guardian to bring.

**Lakeshore Hospital**
4840 N. Marine Drive (Lakeshore North, take Lawrence West, then right on Marine Dr)
Intake number: 773-878-9700
**Services:**
- Inpatient psychiatry services for pediatric (5-12yo) and adolescent (13-17yo)
- Does their own pre-certification
- Offers PHP for children age 5 to 12
- Offers IOP for children ages 13 to 17

**Lurie's Children's Hospital of Chicago**
225 E. Chicago Avenue, Chicago, (between Chicago Avenue and Superior Street.)
Intake numbers: 312-227-6660 or 4000
- 8am-4:30pm: 312-227-6660 (intake during the day)
- After 4:30pm: 312-227-0850 (psychiatry unit direct number)
**Services:**
- Inpatient psychiatry services for patients 3-17yo

**Rush Presbyterian St. Luke's Medical Center**
1650 W. Harrison (To the near west off 290 near Cook County Hospital)
Intake numbers: 312-942-4410 (psychiatry unit direct number – ask for charge nurse)
**Services:**
- Inpatient psychiatry services for 3-17yo

**Hartgrove Hospital**
5730 W. Roosevelt Rd.
Intake number: 773-413-1700
**Services:**
- Inpatient psychiatry services for pediatric (3-12yo) and adolescent (13-17yo)
- Offers PHP for children ages 6-17
- Offers IOP for children ages 13-17

**Garfield Hospital**
520 N. Ridgeway
Intake number: 773-265-3700
- Inpatient psychiatry services for patients
- Offers PHP for children ages 5 to 17

**Riveredge Hospital**
8311 Roosevelt Road (To the west near intersection of 1st Ave. and Roosevelt Road)
Intake number: 708-209-4181
**Services:**
- Inpatient psychiatry units for pediatric (4-12yo) and adolescent (13-17yo)
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- Offers both IOP and PHP for children ages 12 to 17

St. Elizabeth’s Hospital- Chicago Children’s Center for Behavioral Health
2233 West Division Street, Chicago
**Intake number:** 312-491-5055 (daytime: unit coordinator; after-hours: ask for unit charge nurse)
**Services:**
- Inpatient services for pediatric (3-12yo), adolescent (13-17yo)

Ingalls Memorial Hospital
1 Ingalls Dr, Harvey
**Intake number:** 708-915-6411  **Fax:** 708-915-4609
**Services:**
- Inpatient services with adolescent units for patients ages 12 to 17
- Offers both IOP and PHP for children ages 12 to 17

Roseland Advocate Community Hospital
45 W. 111th St., Chicago
**Intake number:** 773-291-1923 (as of 2/19/15 this program has closed but may re-open in the near future per Roseland admissions office. If and when this program re-opens, info below remains the same)
**Services:**
- Inpatient services with adolescent units for patients ages 13 to 17

Streamwood Hospital
1400 E Irving Park Rd, Streamwood, IL (NW suburb north of Schaumberg)
**Intake number:** 630-837-9000 (ask for assessment and referral)
**Services:**
- Inpatient hospital for pediatric and adolescent psychiatry (3-17yo)
- Offers both IOP and PHP for children ages 3 to 17

Advocate Lutheran General Children’s Hospital
1775 W. Dempster Street, Park Ridge (NW of Chicago near O'Hare Airport)
**Intake numbers:**
- 6:30am-11pm: 847-723-8080 and have them page Central Access (pager 4287)
- 11pm-6:30am: 847-723-6590 (psychiatry unit) and speak to the charge nurse
**Services:**
- Inpatient services for pediatric and adolescent patients (6-17yo)
- Offers a PHP for children ages 6 to 17

Alexian Brothers Medical Center
1650 Moonlake Blvd., Hoffman Estates (To the north near Higgins and Barrington Rds)
**Intake number:** 847-755-8140 (or 800-432-5005 for general info) fax: 847-755-8144
**Services:**
- Inpatient services for children 10-13 on a case-by-case basis and adolescent ages 14-17 (must be in high school).
- Eating Disorder and Self-Injury Recovery programs for adolescents, may consider younger children on a case-by-case basis
- Offers both IOP and PHP for children ages 7 to 13 and adolescents ages 14-17 (must be in high school)
- Do not take patients with MR or DD
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Linden Oaks
801 S. Washington, Naperville, IL 60540
Intake number: 630-305-5027  Fax: 630-305-5030
Services:
- Inpatient services for adolescent patients ages 12 to 17
Offers both IOP and PHP for adolescents ages 12-17