

## Northshore Evanston ISCU (Infant Special Care Unit) Rotation

### 1) Getting here:

- By car, depending on where you live but for most of us, Lakeshore drive north.
- By CTA, purple line and get off at Central.

### 2) In the unit (weekdays)

- a) You should have received an email from Rita prior to coming to Northshore regarding parking and EPIC. Be sure to complete EPIC training at least 2-3 days prior to coming. Park in the main patient parking lot on the third floor and walk over the tunnel overpass to the main hospital. Go to the ISCU (Infant Special Care Unit) on the first floor of the Woman's Hospital.
- b) An EPIC specialist should be here to meet you on your first day to help you set up your EPIC account.
- c) Plan on arriving initially 6:30am to get yourself oriented. Depending on attendings, rounds start between 8 and 8:30 am. Grand round/conference days are Tuesdays and Thursday and rounds start at 9am. As you get used to prerounding, the senior can get here by 7am and still have plenty of time to do preround work on their patients as well as the intern's patients. Intern usually will need to start at 6:30am to get all 10 patients done as well as any new overnight admissions if they were on-call.
- d) Copy/paste all new overnight labs into the database (located in "document" folder on the desktop and click on the Shortcut to ISCU2003Epic 4 6 2004 file). Some attending depend on this as their signout. Also, I found that it worked great as a signout for the senior/intern team so we depended on this daily.
  - in EPIC go to Notes, then click on New Note, click on the favorites notes icon and then choose ISCU Resident Signout Update. Copy this whole document. Go back to the database to the patient of interest and click Epic Data. The new labs, etc have now been transferred. It's quite easy once you get a hang of it. You'll likely have to ask an attending to show you the first time.
- e) There are essentially 7 rooms with babies: rooms 1 through 5, an isolation room and the annex (similar to the stepdown unit).
- f) Orders are done on EPIC on rounds. The person doing orders is the one who is not presenting (ex. Senior is presenting the pt while intern puts in orders).
- g) all blood draws that cannot be obtained by heelstick (e.g., blood cultures) on patients without art lines must be drawn by the resident. Otherwise, it won't be done.
- h) All STAT x-rays ordered must also be reported to the front desk secretary so they can call it to the tech. Otherwise, it won't be done.

i) X-rays are viewed at the PACS viewing station by the main nursing front desk. You can get the access ID and password from the preceding resident.

j) There are two phones that the senior and intern carry which are labeled. Make sure it's on your person at all times so the secretary and nurses can get a hold of you for deliveries, orders, etc. When on-call, some attendings carry a phone so the senior phone is given to the attending and the intern phone is carried by whichever resident is on-call.

k) The resident team carried 16 patients (10 for the intern, 6 for the senior). The intern is expected to carry the most acute patients on the team. Any new admissions overnight that cause the patient load to go over 16 will require handing the least acute patients to the West Coast (Northshore's stepdown patients). You will discuss first thing in the morning with the attending which patients are most appropriate to give away to the West Coast.

### **3) In the unit (weekends)**

Similar to weekday rounds except you don't have to pre-round!!! So you only need to be at the ISCU around 8:30am. However, if you are post-call on a weekend, the attendings just as that you have whatever lab results written down, but you don't have to examine the patients because it's essentially work rounds and the attendings will examine the patients while rounding.

### **4) Deliveries**

You go to all deliveries whether you're on-call or not. During rounds, the attending usually will ask the other attending to cover deliveries. Take the elevator down to the ground floor from the ISCU to get to the delivery. However, when returning back up the elevator, you will need to have an ID tag that you can swipe in the elevator. Make sure it works. Otherwise, you'll need to ask the nurse or attending to swipe you in. Rita should help you get access.

### **5) Conference**

if there is time, you can go to noon conference. You will need to ask the attending or resident to show the location because it also changes location during the week. There is a general pediatric conference Tuesday mornings at 8 AM and a perinatal conference Thursday morning at 8 AM. Pediatric grand rounds is also teleconferenced Thursdays at 8 AM; you can decide which conference you want to go to on Thursdays. There is the usual morning and noon conference the rest of the week teleconferenced from Comer. You are not expected to go to these conferences but if you have some downtime they are nice options.

### **6) Meals**

The hospital has an excellent doctor's lounge with all-you-can-eat buffet on the ground floor in the main hospital. You need to purchase meal tickets at the coffeshop located

around the corner (10 meal card is \$40 and 20 meal card is \$80 and debit/credit is accepted to buy the meal card). The doctor's lounge is only available for lunch and only on weekdays. For dinner, there is the cafeteria located in the basement. Rita should have given you yellow meal tickets worth \$4. This is an option for dinner and weekends.

**7) Parking**

You will need to go to the parking office during the first day after rounds and rent a parking tag. It will cost \$35 which will be refunded after the rotation and when you return the parking tag. They take debit/credit.

**8) Call rooms**

Located just down the hall outside of the ISCU. Code to get into room is 415.

Unfortunately, there is no computer so all orders will need to be done in the ISCU.

**9) On-call**

Just like at Comer, you work latest till 1pm the next day; however, you get your stuff done earlier, you are excused and can go home.

**10) Scrubs**

Can be acquired from the locker room of labor/delivery located on the ground floor.

**11) Any problems**, get in touch with Rita (847-570-2033) and she'll take care of it.